

Glacier United Soccer Club

Player Responsibilities and Commitment

SPORTSMANSHIP

- I will be respectful of my teammates, coaches, referees, parents, other players and fans.
- I will be respectful of soccer equipment and fields, keeping them in excellent condition.
- I will say helpful and supporting things to my teammates and others.
- I will be generous when we win and graceful when we lose.
- I will work for the good of my team.
- I will accept the decisions of the officials with respect.
- I will conduct myself with honor and dignity.

PRACTICE/GAMES

- I will be on time.
- I will be prepared with a soccer bag with shoes, shin guards, jerseys, uniform, extra layers a water bottle and whatever else the coach has asked me to have.
- I will give my attention to the coach and focus on soccer during practices and the games.
- I will try new things when suggested by the coach, I will strive to play my personal best and I will try to learn from my mistakes.
- I understand that my playing time will be earned by attendance, attitude, effort and skill.

COMMUNICATION

- I will talk to the coach when I have a concern or question.
- I will let the coach know when I will be unable to attend a practice or a game.

ATTITUDE/HEALTH

- I will get plenty of rest the night before a game, and during the week.
- I will eat healthy foods before a game and between games.
- I will practice and play games in a safe manner.

I understand that Glacier United prohibits any use of drugs, alcohol or tobacco as detailed in the attached Drug, Alcohol and Travel Policy

I understand that dogs are not allowed on the Glacier United Soccer Fields and many other soccer fields in Montana during practices or games. I will keep my dog home or in the car.

As an ambassador for Glacier United Soccer, I will respect all city, state and federal laws. I will be respectful of others in restaurants and hotels when traveling for the Glacier United Soccer Club.